



Seaville Kids Triathlon

326 Lincoln St.
Coopersville, MI 49404

Seaville Kids Triathlon
Tuesday August 10th, 2010 at 6:00
Seaville Swim Club, Coopersville MI

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Seaville Kids Triathlon
PRINTING
TOP OF THE WORLD
GRANITE, Inc.
616.791.7444

217 W. Randall St., Coopersville, MI
616.997.8989

BREAKAWAY BICYCLES
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SCOTT ROBINSON, DDS
837-9704

Seaville Swim Club
465 Pme • Coopersville
997-6436



Natural Alternatives

Dr. James Waswick
Chiropractic / Massage Therapy
284 Main St. Coopersville, MI
616-997-8880

6:00 P.M.

(check in time is 4:30, road closes at 5:45)

Make checks payable to and mail to:

Registration Deadline July 27th
Entries determined on a first come first serve basis

Seaville Kids Triathlon
326 Lincoln St.
Coopersville, MI 49404

Late entries NOT guaranteed a shirt

Name: (Last, First) _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Age (on date of race): _____

Email: _____

(Email information preferred. Used only to inform you on upcoming race details.)

T-Shirt Size: Child: SM MED LG

Adult: SM MED LG XL

WAIVER: I know that participating in this event is a potentially hazardous activity. My child should not enter and run unless medically able and properly trained. I agree to abide by any decision of a race official relative to my child's ability to safely complete the event. I assume all risk to my child associated with participating in this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic and the condition of the roads, all such risks being known and appreciated by me. Having read the waiver and knowing these facts and in consideration of your accepting my child's entry, I for myself and anyone entitled to act on my behalf, waive and release the sponsors, their agents, and promoters, from all claims of liability of any kind arising out of my child's participation in pictures, recording, or any other record of this event for any legitimate purpose.

Signature of Parent or Guardian _____ Date _____

ATHLETE IS UNDER 14: This is to certify that my son/daughter has my permission to compete in the Seaville Kids Triathlon, is in good condition, and that race officials have my permission to authorize emergency treatment if necessary.

4th Annual

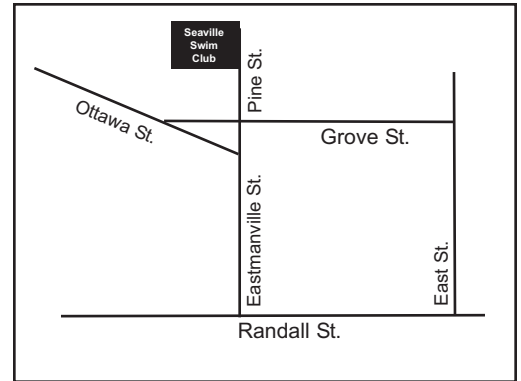


Seaville Kids Triathlon

Tuesday August 10th, 2010 at 6:00
Seaville Swim Club, Coopersville MI

The Seaville Kids Triathlon is a fun, unique opportunity to promote exercise and a healthy lifestyle for children. The Seaville Kids Triathlon is for children ages 14 and under. An adult is allowed to run/bike/swim next to a child if needed. (To maintain safety, registration is limited to the first 150 registrants. Registration fills quickly.)

Date: Tuesday, August 10th, 2010
 Time: 6:00 P.M. (check in time is 4:30, road closes at 5:45)
 Location: Seaville Swim Club (see map)
 465 Pine St, Coopersville, MI 49404
 Ages: Boys and Girls 14 and under
 Entry Fees: \$18.00 with T-shirt



*****USAT REQUIRES PROPERLY FITTING HELMETS FOR ALL PARTICIPANTS.*****

*****SEAVILLE SWIM CLUB REQUIRES SWIMSUITS, STREET CLOTHES NOT ALLOWED.*****

Registration deadline is July 27th.

AGE	RUN	BIKE	SWIM
5 & under	60 yds	60 yds	1 width
6-7	1/4 mile	1 mile	50 yds
8-9	1/2 mile	1 1/2 miles	50 yds
10-11	1/2 mile	2 miles	100 yds
12-14	1/2 mile	3 miles	100 yds

Questions/Information Call: 616-997-9977 or 616-723-1198

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